



AND NOW FOR THE MAGIC...

When connecting to what your beliefs are and being true to them as you move through life, you may start to see that life itself begins to respond to you in a different way. Serendipity, coincidences, surprises, and opportunities: these are the universe smiling at you, giving signs and encouragement about how you are honoring your true self and the inspiration you receive. Frankly, when life feels chronically hard or stuck, it may be a message that some precious part of you is being pushed too hard or neglected. When you get connected and congruent with what is right for you, it makes you feel good and nurtured. There is energy present, and it flows. You know when you're there because your smile emanates from a very deep place and is given freely.

This *IS* magic. Volumes are written about it. Artwork created, songs sung. This is it! It's what the sages, gurus, and prophets have taught through the ages. It's your birthright and perhaps the very point to all we are doing here. It is living in relationship to the universe inside yourself. Tending to yourself as a microcosm, an embodiment of the whole. It's feeling your feelings beneath or above your thoughts, claiming the wisdom within them, and allowing them to guide your choices and impulses, while honoring the divine expression of your individuality and connection to the bigger picture. It's simple, but not easy. It's a journey, and as you get used to how it feels to align with the flow, returning to openness and inner support in times of distraction or chaos becomes a new way of living.

Clarifying what you believe and what makes sense to you about your place in the world and universe allows you to merge with the intelligence of life. It turns down the volume on fear and the unknown and allows you see that all of life is conspiring *with* you for your greatest expression. As you learn to believe in that, you can believe in yourself and remain both vulnerable and strong in the face of it all! You have so much to give from this place. Life makes more sense, and all you want is to be is here, and here, and here...

